

Leopard's Tale



<http://www.aislusaka.org>

Tel: 260509/10; 260543; 260621; 0978 772600

04 March 2010

From the Director - Chris Muller

email: cmuller@aislusaka.org

The Global Issues Service Summit last weekend was a memorable occasion for every person involved. It was a powerful learning experience, and each one of the 220 delegates left with an action plan to make a difference in our world.

Powerful keynote speakers sent out the message that every individual can make a difference. Austin Gutwein spoke of his success in raising money through Hoops of Hope that has led to the building of schools and medical centers. He claims that the opportunities he has given others pale in comparison to the change it has made to his own life. Kimmie Weeks almost died during the Liberian war and has since devoted his life to empowering youth, so no child would have to go through the experiences that he did. Hammerskjoeld Simwinga has transformed large communities that used to rely on animal poaching and the ivory trade, to self-sustainable legitimate producers of various merchandise.

Expert panels bombarded the delegates with information on, among others, infectious disease, economics and human trafficking.

The outcome? Discussions and action plans that would do the United Nations proud. To some extent every one of the students who participated will make a difference, whether on a small scale or a large scale. In the long run, some of these students will be leaders with a conscience, and activists with a humane mission.

It is easy to pontificate about the next generation needing to clean up our mess. The students at GISS now understand the urgency of their task, and that each one of them must act.

This summit set a standard that will be repeated every year in Africa from now onwards. Thank you to Susan Lacy, her Student Leadership Team and many tireless faculty members for pulling this all off so expertly. My observations revealed some of the most powerful and relevant education I have witnessed in my career.

Thank you also to all host families and community members who contributed in many ways. I have had much positive feedback, and appreciate the way in which the community enthusiastically supported the process.

A Farmers' Market comes to AISL. Starting after the March break, we will have a Farmers' Market every Friday between the hours of 11h00 and 14h00. This will take place alongside the Secondary School car park. Details will follow, but for now, if you are interested in a stall, please see Margot Bham at the cafeteria - she will be coordinating the effort. We already have interest from folks selling fresh produce, bread, eggs, cheese, etc. Get ready to stock up for the weekend from our very own market. With the new parking lot in Secondary, there is plenty space for parking, and we urge parents to use the secondary parking area when shopping for produce. But remember, this will only start after school reopens on April 5.

Thanks also to all the organizers of Book Week. It was great seeing all the book characters at school today. I also enjoyed a great workout, followed by a relaxing hand massage at this morning's 2nd grade Health Spa!!

Have a great weekend!

Wonderfully Busy Weeks--

1) Last Week's Global Issues Service Summit--

Last weekend's Global Issues Service Summit was one of the most profound experiences that I have had in over 20 years in education. Students from around Africa gathered for three intensive days of problem solving, teaming building, and confronting issues that they and their peers will be challenged with in the coming decades. Student delegates were inspired by outstanding keynote speakers, stimulating panel discussions, and worthy service challenges. Our AISL Student Leadership Team members were excellent hosts and set the tone for the entire summit. We are all very proud indeed. A special note of thanks is due to Susan Lacy, Jennifer Banda, Jackie Johnson, Julie Baldry, and Fiona Trewby for their tireless work in putting this conference together.

If a picture does indeed speak a thousand words, then the photo below from the summit's Day of Service speaks one thousand and one:



2) An Invitation to All Secondary School Parents--

All Secondary School parents are invited to a "Debriefing/Celebration" for GISS tomorrow in the Performing Arts Center at 8:30. During this session the summit highlight will be shown and appropriate recognitions will be given.

Last week's Global Issues Service Summit - Part one of a three part summary appears in this issue of the Leopard's Tale, and the next two issues.

3) AISL Basketball in Johannesburg--

Congratulations to our AISL Basketball team for their outstanding skill, stamina, and sportsmanship in last weekend's tournament at the American International School of Johannesburg. Our young athletes are amazing ambassadors for our school. Please see Alta Conte's section of the "Leopard's Tale" for tournament details.

4) Mock Examinations--

Mock Exams will take place from Tuesday 16 March through to Wednesday 24 March, 2010.

Reminder--Coffee Mornings for Semester II are Back—

April 6th Middle School (6-8)
April 20th High School (9-12)

All Coffee Morning sessions begin at 7:30 and are held on the main front lawn between the Library and the Main Office.

Book Week

Book week continues to be a rousing success! Stop by the library today or tomorrow to swap or buy some fantastic secondhand books or new books.

Cooking Classes at the Intercontinental Hotel

This exciting opportunity may be interesting to some kids and families in our community. The Intercontinental Hotel is offering kids cooking classes every Friday from 14h00-17h00, beginning 5th March. If you are interested, contact Mr. Allan Chiko at 0977125340.

Primary Assembly Hosted by Grade 3 (Second Notice)

The school community is cordially invited to attend our next assembly on Tuesday, March 9, at 7:30 a.m. in the Performing Arts Center, to be hosted by the Grade 3 students. The Grade 3 has written, directed, and will act out performances related to their latest unit of inquiry, *Outer Limits*. I am excited to see what they have come up with, and I hope to see many of you at the assembly.

Important Primary School Dates

March 1-5	Book Week
March 9	Primary Assembly Hosted by Grade 3 (7:30 a.m.)
March 19	Grade 3 Sleepover
March 24	Student Led Conferences
March 25	Primary Assembly Hosted by Modern Dance, Helen O'Grady Drama, and Gymnastics Clubs (7:30 a.m.)
March 29- April 2	No School- School Holiday
April 5	Return to Classes
April 10	AISL Triathlon
April 13	Playschool to Grade 1 Parent Coffee Morning (7:30-8:30 a.m.)
April 21-23	Grade 4 Field Trip to Eagles' Rest
April 27	Grade 2-5 Parent Coffee Morning (7:30-8:30 a.m.)
April 28	Grade 5 Exhibition
May 3	May Day Observed- No Classes

Tips during rainy season

With the constant rain, here are some basic tips you need to remember before going out of the house on a rainy day:

- Prepare your rain gear like umbrella, raincoat, hooded jacket, and waterproof non-slippery shoes.
- Remember to take your vitamins every day. Include a lot of Vitamin C in your diet (like Vitamin C rich drinks or fruit), to keep common coughs and colds at bay.
- Keep hands clean. You probably know how common cold symptoms can escalate during the rainy season. To keep yourself safe, clean your hands regularly and use hand sanitizer gel.
- Extra Dress. Bring an extra change of clothes with you in case you get wet. It is risky hanging around in wet clothes.

The rainy season also brings with it humid weather, flooded roads, mosquitoes, and disease. This is the time when contagious diseases are on the rise. Drain away stagnant water around the home, remove all rubbish and properly dispose of it, keep grass short, boil drinking water and wear appropriate footwear when venturing into damp or wet areas.

With a little care and forethought we can enjoy this beautiful season and also be safe from illnesses.

Soccer Vs. Rhodespark:

U/11 Girls AISL won 1 – 0

U/13 Girls AISL won 4 – 0

U/11 Boys AISL won 3 – 1

U/13 Boys AISL lost 2 – 6

Soccer Vs. Banani:

U/11 Girls Draw 0 - 0

U/13 Girls AISL won 1 - 0

U/11 Boys AISL won 3 - 0

U/13 Boys AISL won 1 - 0

Upcoming Inter – Schools sporting events:**Thursday 4th March:** U/15 & U/19 Girls & Boys soccer Vs. Baobab College @ Baobab College (AWAY) 14h00 – 16h30. Depart AISL @ 13h00.**Friday 5th March:** U/19 Girls and Boys soccer Vs. Chudleigh House @ AISL 14h00 – 16h00.**Saturday 6th & Sunday 7th March:** ZASU 4th League swimming gala @ Baobab College. All age groups. All weekend.**Tuesday 9th March:** U/11 & U/13 Girls & Boys soccer Vs. Italian school @ Italian School. 14h00 – 16h00. Depart @ 13h00.**Friday 12th & Saturday 13th March:** ISAZ Secondary sports festival @ Baobab College. Depart AISL @ 07h00. Festival starts @ 08h30 – 17h00. – all weekend. Our Varsity Girls & Boys basketball, volleyball and soccer teams have all qualified top of the log for this sports festival. AISL teams qualify top of the log out of 10 schools in Zambia. Fantastic sporting results from our student athletes. Well done and all the best at the sports festival!**Saturday Soccer League 2010:**

Yes, it's already that time of the year again! Don't miss out on the most exciting, best-organized Saturday Soccer League in the whole of Zambia. Open to both Girls and Boys from the ages of 5 years through 17 years. Age groups are: 5 – 7, 8 – 10, 11- 13 and 14 – 17. The sign up dates for the league are:

Date: Saturday 6th March OR Saturday 13th March. You can sign up on either day.**Time:** 09h00 – 12h30.**Where:** Primary Tuck-shop**Cost:** K90:000 per player

Please mark your calendars and sign your child up for the most exciting sporting event in Zambia. Please help by spreading the word in the wider Lusaka community. If you would like to sponsor a team, please email Mrs. Conte directly. Don't forget we always need parent volunteers to help coach/manage the teams as this ensures that the league runs successfully. Don't miss out on this league, as it has an amazing atmosphere and is a great family outing each Saturday. The league will begin early April and run through beginning June!

If you are able to help Mrs. Conte with the registration on either Saturday 6th or Saturday 13th March – please kindly email her. Any help will be greatly appreciated.

LOST BUT FOUND ITEMS:

All lost but found items are placed in a "lost but found box" in the PE Storeroom (Primary) and photo copy room, next to Mr. Anderson's office (Secondary) for students to check on a regular basis. All lost and found items are displayed on Fridays for both parents and students to check. We ask that all drinking bottles, lunch boxes and sun hats/caps be marked, so that we can return these to the classrooms. ***PLEASE NOTE: the PE staff cannot be held responsible for lost property.***

Sports Report Continued...

U/19 Boys Varsity International Schools basketball tournament @ AISJ, JHB, SA:

The AIS-Lusaka Under/19 Boys Basketball team traveled to AIS-Johannesburg! The team arrived safely in Johannesburg on Thursday 25th, ate lots of junk foods (McDonalds, KFC and Scooter's Pizza), practiced in the evening and rested well through the night.

We had an early rising on Friday (Feb. 26th), had breakfast and morning workout before our 9:40am first game... The team started slow, but got on track against The American School of Kinshasa (TASOK). Our AISL Leopard's Boys team ran away with the scoring and we won big! Score: AISL 44 / TASOK 5

Later that day we next played the International School of South Africa at 2:40pm; followed by playing the United World College, Swaziland (UWC) at 4:40pm. We faced our second opponent of our four team Pool B, the International School of South Africa (ISSA). The game opened with tight defence and was low scoring for the first few minutes- only ISSA 2; AISL 0 ... The boys settled down, Caleb lead the team scoring, and they moved out to a 16 to 2 lead by half time. When play resumed in the 2nd half, ISSA made some adjustments and started closing the gap. By mid 2nd half our boys regained momentum, were stealing the ball, controlling the offensive and defensive boards, running the court with fast breaks and trailers Kai and Femi scoring, Akhil and Aaron and Luciano were standouts blocking shots... Sean brought the gym to a roar when he stared the defense down and shot, with ice nerves, from behind the 3-point line and made it! The all around play was good, impressive defense by Tukudzwa, Sean, Wesley; Alvin helped the team to a well-rounded team victory! AISL 32 / ISSA 22. A GREAT JOB FROM OUR ENTIRE SQUAD!

Our team went into the quarterfinal game, against American International School of Mozambique (AISM), really flat, and the opponents was smothering us on defense. We did not shoot well and our defense was beaten several times, we missed over 12 free throw shots. With only three minutes left in the game we were down (AISM) 22 to 15 (AISL). Coach Sims had talked to our boys at half time asking them,

"who wants to win this game? Who wants to go out there and play for all their worth and give it everything they've got?" The boys each responded, "I do COACH!" ... Coach told them; "NOW! NOW! NOW IS THE TIME! THERE IS NO 2ND CHANCE! IF WE LOSE WE SIT DOWN AND JUST WATCH THE REST OF THE GAMES! IS THAT WHAT YOU CAME HERE FOR?" He told them "I have guided you, but I am finished"... "YOU MUST GO OUT AND PERFORM!" ...

Then... Our starting five (Caleb, Aaron, Luciano, Tukudzwa, and Akhil) stepped it up to extreme level defense, extreme level hussle, bruising defense... stealing balls from AIS- Mozambique (AISM), SHUTTING THEM DOWN ON THEIR INSIDE PASSES AND LAYUPS. Akhil fouled out, Luciano fouled out, and most of our other players had 3-4 fouls. Femi, Kai, Sean, Wesley all came off the bench and pressed the AISM team fiercely... We scrapped, everyone of our boys giving it everything they had to get loose balls, and make rebounds. Our defense was swarming, Aaron took charge in the other team's paint and blocked shots and controlled the boards- getting most of the rebounds. We fought to the end... WOW! WOW! WOW! ... Caleb stole the ball and pulled up and shot a 3 pointer that fell... we TIED the score... WITH 3 SECONDS LEFT WE WENT UP BY 2 POINTS... WE STOPPED THEIR OFFENSE, ONE MORE TIME, FIGHTING FOR THE LOOSE BALL AND GOT THE BALL BACK... WE HELD THE BALL ON OUR LAST INBOUND AND WON THE GAME (AISL) 28 TO 26 (AISM) ... WHAT A GAME!!!!

WE HAD MADE IT INTO THE SEMI-FINAL GAME AGAINST THE AMERICAN INTERNATIONAL SCHOOL JOHANNESBURG (AISJ) AT 16:00 HOURS (4:00pm) SATURDAY AFTERNOON!!! ... WE KNEW THAT IT WOULD BE A GREAT GAME!

We went into the semi-final game against host and home team, the American International School Johannesburg (AISJ). The gym was full of AISJ students cheering for their home side AISJ. Our boys played tough and went out in front early in the game... it was a high pressure, high octane game. WE LOST THE GAME AFTER A TOUGH BATTLE (AISJ) 43 - 32 (AISL).

WE SHOWERED, WENT TO EAT AND THEN RESTED THE NIGHT, AND TRAVELED BACK TO LUSAKA SUNDAY EVENING (FEB. 28TH), ARRIVING BACK IN LUSAKA AT 19:30 HOURS (9:30PM)... WE WERE MET BY CHEERING PARENTS AND STUDENTS!

WE ARE SO VERY PROUD, AND SO SHOULD YOU BE, OF OUR COACH AND TEAM FOR THE EXCELLENT JOB THEY DID REPRESENTING OUR SCHOOL AT THIS TOURNAMENT IN JOHANNESBURG! ... COACH SIMS, AARON MURRAY, AKHIL CHUNDUNSING, ALVIN KWESIGA, CALEB WEST, FEMI BABANIYI, KAI ISUKA, LUCIANO PASQUINI, SEAN THOMPSON, TAKUDZWA MAGARA AND WESLEY IRWIN. WE ARE SO VERY PROUD, AND SO SHOULD YOU BE, OF OUR COACH AND TEAM FOR THE EXCELLENT JOB DONE REPRESENTING OUR SCHOOL AT THIS TOURNAMENT IN JOHANNESBURG! THANK YOU! JOB WELL DONE!

Charles West

ENROLLMENT FOR 2010/11 SCHOOL YEAR

Each year we ask parents to fill in a survey indicating their plans for the next school year. This information is used for the preparation of the school for August 2010.

The school is full in many classes and we have waiting lists so we need to ensure that as many new students enroll at the school, without going over the agreed number per class. For this reason we do need to monitor enrolment carefully.

Please could you complete the form below and return it to the school office by Friday 12 March. The survey is not binding and will not affect your child's placement.

Once the school fees have been set by the Board for the 2010/11 school year in March, we will be asking for a firm commitment from you for places in August. All existing students at the school will need to pay a non-refundable payment of 25% of the tuition fees by 1 June in order to secure a place for August 2010. The remainder of the fees must be paid by 1 August.

For students that are leaving, many schools are now requesting letters of recommendation from teachers and/or principals. If the school that you are applying to requires this information, please could you give the paperwork to Jane van Vlaanderen in the school office as soon as possible. Please do not give it directly to the teachers. Mrs van Vlaanderen can then ensure that all the correct paperwork from the school is sent at the same time. As all the teachers are very busy towards the end of the school year with reports etc, please allow up to three weeks for these to be completed.

Many thanks for your help.

Family Name: _____

Student's Names: _____ Current grade: _____
_____ Current grade: _____
_____ Current grade: _____

[] We will be staying for the next school year.

[] We are definitely leaving.

Our expected departure date is: _____

(Note: This form will serve as official notification that you are leaving, rather than the letter that we usually require)

[] We are unsure of our plans.

We hope to have more definite plans by: _____

Volunteer Volunteers Volunteers

I am currently looking for someone to take over as PTA Chairman next year. Please let myself or Chris Muller know via email if you are interested.

It is a lot of fun and a great way to meet people. Personally I came in as a new parent two years ago, it was the best thing I could have done at the time as I was really battling to settle in. Maybe this is you? I have made so many friends and have had great fun organizing, planning, creating and seeking out solutions for our students together with our Principals, the laughs on the way were a bonus.

If you wondering if I'm leaving, no, just working full time. I could still help out if needed. I am an absolute fan of the PTA AISL and you would be joining a great group of parent volunteers. A "new" or continuing mom or dad could take this on.

Thank you for participating in our revised AISL BOOK SALE and SWAP!

We have had tremendous support from our elementary school families for the annual AISL BOOK SALE and SWAP. Our librarians have given out 1700 BUCKS to date approximately 500 children's books and 700 Adults books are available for swapping Wednesday and Thursday of this week.

Your children will be able to exchange a maximum of 15 bucks for children's books and DVD's on Wednesday of the swap. If they have any bucks left after this, on Thursday they will be given time to browse again and swap the rest of their bucks.

Please, if you were hoping to get some novels for your own reading, be sure to use your family's bucks and drop by the library to select some adult reading material for yourself! (We have a tremendously large selection of Adult books that need to go!)

If you would like to purchase from the sale the book prices are:

- K2000 -decrepit books
- K10,000 -most books
- K20,000 -nicest books and adult books

We are still accepting donations, even during the sale. SO take a look around your house and get rid of those old books!

The collection box is in the library.

Theresa Barnard
Book Week Committee

MARCH CALENDAR OF EVENTS

THURS 04	FRI 05	SAT 6 & SUN 7	TUES 09	WED 10
U/15 & U/19 Girls & Boys soccer Vs. Baobab College @ Baobab College 14h00 – 16h30.	U/19 Girls and Boys soccer Vs. Chudleigh House @ AISL 14h00 – 16h00	ZASU 4 th League swimming gala @ Baobab College. All age groups.	U//1 & U/13 Girls & Boys soccer Vs. Italian school @ Italian School. 14h00 – 16h00. Depart @ 13h00	
THURS 11	FRI 12 & SAT 13		TUES 16	WED 17
	ISAZ Secondary School Sports Festival at Baobab College, 8:30 am - 17:00			

The Global Issues Service Summit Africa 2010 Part One



13 Nations, 20 schools, 37 nationalities, and over 200 participants all gathered at AIS Lusaka, Zambia to seek context, understand sustainability and enact solutions at the Global Issues Service Summit Africa 2010. The three days were very intense, with new friendships made, new stories heard, new ideas formed, and new actions plans agreed.

Pre-conference orientation

As delegates arrived from around the world, the AISL Leadership Team were on hand to provide orientation to the overseas students and also the "Golden Heart" Scholarship winners from local Zambian high schools. The Golden Heart scholars met for the first time and had a Debonaire's Pizza Dinner before retiring to their guest house with their chaperones. Overseas students went home with their host families for dinner, and everyone tried to have a good rest in preparation for the conference.

Day 1 - Excited students gathered in 'Sustainability Teams'. Smiles and laughter broke the ice, turning rooms full of strangers into rooms of newfound friends from international schools across Africa. The sustainability team challenge was revealed, and together, teams began to "Map a Path to Sustainability".

After a warm welcome, the Summit's first honored keynote speaker took the stage. As a

survivor of the Liberian Civil War, Kimmie Weeks shared his first-hand experience of poverty, disease, and the helplessness of the refugee camp he called home for six months during the country's extreme unrest. He challenged Summiteers to change the world by identifying their own personal cause.

As the conference got into full swing, students broke off into two rounds of workshops presented by the student delegates from all over Africa. During the day, they had the opportunity to attend three different sessions where delegates shared thought-provoking ideas and experiences on service and sustainability in their own local context.

Delegates then experienced a presentation by a panel of extremely qualified guest speakers about the effects of diseases in Africa and how they can be contained. The panel included Dr. Allen Craig, Dr. Jeffrey Stringer and Naomi Walston. The presentations were followed by a series of questions from the audience and a panel of students. Volunteerism seemed to be a key idea that was suggested by all three of the panel-members to students who were interested in fighting disease. It was clear



that change is not necessarily brought about through massive donations or incredible achievements. By simply playing a game of soccer with a group of local children, or teaching about preventing malaria or HIV, a big difference can be made.

After an amazing Zambian Lunch, provided by the Food Committee, an ordinary fifteen-



year-old boy from Phoenix, Arizona set foot on stage, and suddenly, a wave of silence washed over the auditorium. At the young age of nine, Austin Gutwein commenced his journey to make a difference: He decided that he would build a school for orphans living in Zambia and encouraged kids throughout the USA to shoot basketball hoops to help raise money for these orphans. Today this phenomenon is known as 'Hoops of Hope'. As Austin stressed, the idea behind this organization is to emphasize the fact that "serving doesn't depend on one's ability, but one's availability." We are a "generation built on change" and it is high time we begin to act like it.

At the end of the day all the delegates organized themselves into their sustainability teams for a group activity. They played a few fun games aimed at simulating sustainability, that became increasingly loud and slightly frenzied as the enthusiastic delegates became more involved. It was the end of a great day as they left with smiles, laughter and important messages on the central theme of sustainability, including it's complexity, effective approaches, and the knowledge that it is most easily attained when teams learn from and work with each other.

Part Two Next Week

Story and Photographs courtesy of AISL Global Issues Service Summit Press Corps

The Latest College Acceptances - AISL

COLLEGE NEWS



Carrie Day
Hospitality and
Business
Management

Northern Arizona State University, USA

Carrie has been accepted to NSA, which is situated in the mountains of Arizona. Whether it is the effect of all that fresh air on the brain, or the inspiration of being so close to the stars, Northern Arizona University definitely changes people. Almost as soon as students arrive they have bigger ideas, make (and act on) bigger plans, and want to move mountains.



Salim Saadi

Brunel, Cardiff and Nottingham Trent Universities, UK

Salim has been accepted to these three universities, but for two different courses. He has applied to study both Business Management, and Civil Engineering. As he has been accepted onto both courses, he has more time to decide which suits him best.



University of California - Irvine, USA

In the U.S. News & World Report annual college survey, UC Irvine is ranked among the top 50 universities in the US, and ranks tenth among all public universities. It is the first public university with faculty receiving two Nobel prizes in two different fields, chemistry and physics, in the same year (1995). If Chloe accepts this offer she will join an average class size of 31 students and a student/faculty ratio of approximately 19:1.



Chloe Strasser
Mechanical
Engineering

Kingston University, London, UK

Pharmacy is the health profession that links the health sciences with the chemical sciences, and it is charged with ensuring the safe and effective use of pharmaceutical drugs. Following the foundation year, Vicky can continue with Pharmacy, or change to another science related course.



Vicky Tattis
Pharmacy with
Foundation Year



Birmingham City University, UK

Electrical Engineering is a very broad field that encompasses the design and study of various electrical & electronic systems, such as electrical circuits, generators, motors, transformers, and magnetic devices & materials. The field first became an identifiable occupation in the late nineteenth century after commercialization of the electric telegraph and electrical power supply. Upon completion of the foundation year, Nazir can move onto the full degree.



Nazir Kapdi
Electrical
Engineering with
Foundation Year



**Adish
Chundunsing**
Biological
Sciences

University of Toronto, Canada

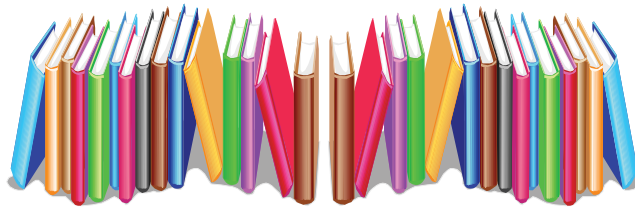
Adish has been accepted to one of the top universities in Canada. He now has the choice of studying in the UK or North America.



Grade 11 Parent & Student Evening March 9th

- 6-7pm Applying to the UK
- 7-8pm Applying to the USA

Used Book Sale



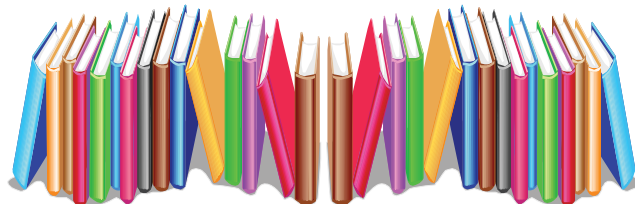
Kids Books! Adult Fiction! Books, books, books!

AISL USED BOOK SALE
0730 – 1500 in the Library
03-04 March 2010

Book Prices:
K2,000 - decrepit books
K10,000 - most books
K20,000 - nicest books

We are still accepting donations (even during the sale!), so take a look around your house and get rid of those old books!

The collection box is located in the primary office.



ADVERTISEMENTS

sadonis@aislusaka.org

QUICK SALE

2001 Silver Honda Accord for sale for persons with duty free privileges at US\$5,400. Less than 20,000km, automatic, air conditioning, power steering and CD player. Call Anita Booth on 262030 or 0968 651844.

Seagull 6-string acoustic guitar - US\$360. Beautiful hard wood, nearly new and in excellent condition, hard case included. Martin "Little Martin" Guitar - US\$270. Nearly new, excellent condition. Ideal for a beginner. Backpack gig bag included. Call Anita Booth on 262030 or 0968 651844.

EXCELLENT GARDENER AVAILABLE

Mumbi Chilufya has 6 years experience in swimming pool maintenance, vegetable and flower gardening, basic electrical and landscaping skills, with good references. Please call him on 0978 482506.

CAR FOR SALE

2007 Volvo V50 diesel, 6 speed, leather interior, British import, ZRA cleared. US\$35,000. Contact Mark on 0975 818757/0965 630151.

EXCELLENT HOUSEKEEPER, NANNY, COOK AVAILABLE

7 years experience as a housekeeper/nanny/cook. She is cheerful, respectful and honest. Contact her on 0977 121336.

FOR RENT IN KABULONGA

Beautiful 2-storey villa, only 2 years old, set in lush tropical gardens. Two and half bedrooms, two bathrooms. Fully furnished, including well-equipped kitchen, telephone, internet and DSTV connections. Serviced daily plus 24 hour security. \$2800 per month. Tel: 0966755154

GREAT HOUSEKEEPER AVAILABLE NOW (Week 1 of 2)

Senzane has done a wonderful job working for an ex-pat family for the past two years doing housekeeping, childcare, and some cooking. She is very reliable, responsible, and hardworking. Contact Terri at 0966 915 990.

HARDWORKING GARDENER/GUARD AVAILABLE NOW (Week 1 of 2)

Binwell has worked for an ex-pat family for the past two years as a gardener, day-time guard, pool maintenance and general handyman. He is reliable, honest, hardworking. Contact Terri at 0966 915 990.

HOUSEKEEPER/NANNY AVAILABLE (Self advertised)

Sophia Tembo has 5 years experience as a housekeeper/nanny. She is very reliable and trustworthy. Please call her on 0977 663195.

HOUSEKEEPER/COOK AVAILABLE (Self advertised)

Maggie Kumwenda is looking for employment as a housekeeper/cook. She has 6 years experience in housekeeping, cooking and baking with good references. Call her on 0977 314598.

HOUSEKEEPER AVAILABLE (Self advertised)

Doris Chulu has 16 years experience in cleaning, washing and ironing, 39 years old with good references. Call her on 0978 536055.

HOUSEKEEPER/NANNY AVAILABLE (Self advertised)

Hariet Lungu has 4 years experience as a housekeeper/nanny with good references. Call her on 0979 474347.

HOUSEKEEPER/NANNY AVAILABLE (Self advertised)

Loveness is an experienced housekeeper/nanny with 6 years experience, very honest, reliable and efficient. Call her on 0978 707196.

COOK/HOUSEKEEPER/NANNY AVAILABLE (Self advertised)

Morren Mukuyungwa is a cook/housekeeper/nanny with 4 years experience. Can cook English and Zambian food. Call her on 0977 231447.

CHEF/HOUSEKEEPER/NANNY AVAILABLE (Self advertised)

Esbby Sichula has 7 years experience working as a chef/housekeeper/nanny. Call her on 0977 946773 or 0979 779382.

HOUSEKEEPER/NANNY AVAILABLE (Self advertised)

Helen Njovu has 5 years experience in housekeeping and childcare. Contact her on 0979 609862.

HOUSEKEEPER/NANNY AVAILABLE (Self advertised)

Theresa Mumba has 10 years experience in housekeeping and child care. Contact her on 0976 524766.

HOUSEKEEPER AVAILABLE (Self advertised)

Thandi Malupande is an experienced housekeeper. She speaks English very well and is very reliable and honest. Call her on 0977 918752.

CAFETERIA PRE-ORDER MARCH 2010

THUR 04	FRI 05	MON 08	TUES 09	WED 10
Samosas / Waffles / Chickpea Salad / Pitta Pockets / Lasagne	Samosas / Brownies / Pies / Pizza / Hot Dogs	Pizzas / Samosas / Cupcakes / Greek Salad / Tacos	Sausage Rolls / Pies / Donuts / Wraps / Tuna Salad / Fish Fingers & Potato Wedges	Half Moons / Cakes / Pizzas / Burgers / Pasta Salad / Lasagne
THUR 11	FRI 12	MON 15	TUES 16	WED 17
Samosas / Waffles / Chickpea Salad / Pitta Pockets / Spaghetti Mince	Samosas / Brownies / Pies / Pizza / Burgers	Pizzas / Samosas / Cupcakes / Greek Salad / Sandwiches / Macaroni & Cheese	Sausage Rolls / Pies / Donuts / Wraps / Tuna Salad / Roast Chicken & Mash	Half Moons / Cakes / Pizzas / Burgers / Pasta Salad / Tacos

PRICE LIST TO BE ADVISED NEXT WEEK!

Mixed Dried Fruit	K4,000	Biltong	K9,000
Popcorn	K1,000	Pizzas Small	K3,000
Salted Peanuts	K1,500	Pizzas Large	K8,000
Muffins	K2,500	Wraps	K10,000
Water	K2,500	Hot Lunches & fruit	K15,000
Brownies	K3,000	Small Hot Lunch for Primary	K10,000
Fruit	K2,000	Pies	K7,000
Samosas	K2,000	Hot Dogs	K8,000
Munchos Nax	K1,000	All Rolls	K8,000
Crisps	K2,500	Special Salad	K12,000
Yum Chums	K4,500	Coffee/Tea	K4,000
Burgers	K10,000	Hot Chocolate	K4,500
Apple/Grape Juice	K6,000	Milk	K3,000
Swift Drinks	K4,000	Drinking Yoghurt	K4,000
Liquifruit Juice Boxes	K4,500	Yoghurt	K5,000
Liquifruit Juice Cans	K6,000	Filter Coffee	K5,000
Soda Water Cans	K5,000	Mini Pastries	K3,000
Energade	K7,000	Donuts	K2,500
		Croissants	K3,000