



My Learning Day

Today's Date: _____

Daily Checklist

- I read for fun
- I was active
- I chatted with a friend
- I made healthy eating choices for snacks and meals

Session 1:

Time: _____

What I hope to complete today:

What I need to complete by Friday:

Session 2:

Time: _____

What I hope to complete today:

What I need to complete by Friday:

Session 3:

Time: _____

What I hope to complete today:

What I need to complete by Friday:

Session 4:

Time: _____

What I hope to complete today:

What I need to complete by Friday:

Screen Break #1

Start: _____ Stop: _____
During this break I will...

Screen Break #2

Start: _____ Stop: _____
During this break I will...

Screen Break #3

Start: _____ Stop: _____
During this break I will...

Creativity